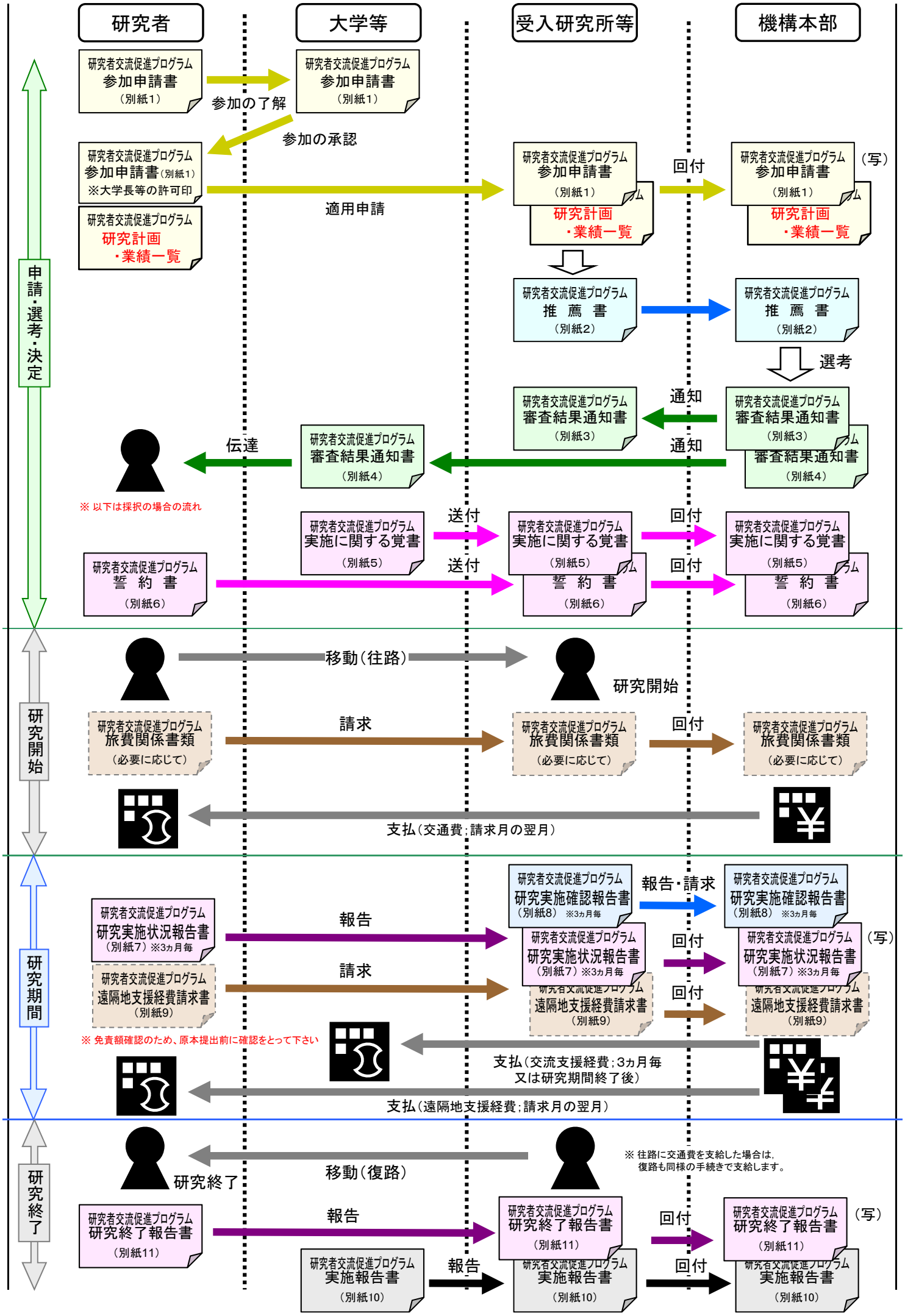研究者交流促進プログラムに係る手続きの流れ